JULY 18, 2019



- Why Is Water Safety So Important?
- What Does It Mean to Be Water Competent?
- How to Make Water Safety a Priority
- Know What To Do In An Emergency
- Resource Center

## Things to Know About Water Safety

Ensure every member of your family learns to swim so they at least achieve skills of water competency: able to enter the water, get a breath, stay afloat, change position, swim a distance then get out of the water safely.

Employ layers of protection including barriers to prevent access to water, life jackets, and close supervision of children to prevent drowning.

Know what to do in a water emergency – including how to help someone in trouble in the water safely, call for emergency help and CPR.

 $\label{top:control} \textbf{TO LEARN MORE, VISIT: $\frac{\text{https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html?did=DM52163&med=email&source=adobefr&campdesc=07172019&scode=RSC19070E002&subcode=nhqfy20julsafetygenb&bid=1637697295} \\$